PISGAH LEGAL SERVICES

Medicaid is Changing

New Requirements Start

JANUARY 1, 2027

New Medicaid Work Requirements



WHAT ARE THE REQUIREMENTS?

Many adults in the Medicaid Expansion (MXP) category **ages 19-64 who are not disabled** will need to do **ONE of the following** to keep coverage:

Have at least **$580 per month** in household income

Enroll in an **education program** at least half-time

Complete **80 hours each month** of an approved activity (multiple activities can be combined) including work, school, or volunteering

WHAT TO DO NOW

The new Medicaid rules are complicated. Contact your local Department of Social Services (DSS) to find out if the new rule applies to you.

1. Take time **NOW** to talk to your DSS caseworker about how the new rules may impact you and what you need to do before your next recertification.
2. Make sure DSS has your current contact information (address, phone and email).
3. Open and respond promptly to all mail from DSS.
4. Save important papers, like pay stubs, school records, volunteer logs, benefit letters, and medical records.

If you enroll in Medicaid Expansion coverage by the end of 2026: The state will determine whether you comply with these new requirements at your next recertification.

If you apply for Medicaid Expansion coverage in 2027: You may have to show you met the work requirements for the three months before you applied.

EXEMPTIONS →

NOTE: *This information may change due to decisions made by NC Medicaid.*

EXEMPTIONS

Medicaid work requirements should not apply to you if you are:

- Under age 19 or over 65
- A parent, guardian, caretaker relative, or family caregiver for a child under age 14 or a person with a disability, even if you're not living with the person you're caring for
- Pregnant or were pregnant in the past 12 months
- Medically frail, including those who are blind or disabled under SSA standards, and those with a substance use disorder, disabling mental disorder, serious or complex medical condition, or a disability that impairs 1 or more activities of daily living
- A former foster care youth up to age 26
- Participating in a drug or alcohol rehabilitation treatment program
- An inmate in a public institution or were released from jail in the past 3 months
- Enrolled in Medicare or any other Medicaid category
- An American Indian or eligible for Indian Health Services

Additional exceptions apply. See Medicaid.nc.gov/changes for more information.

CALL PISGAH LEGAL SERVICES FOR FREE HELP

Pisgah Legal offers free, confidential help with understanding your rights and options. Our NCMedHelp team provides one-on-one support with Medicaid. Call us for help with:

- Proving your compliance or exemption from Medicaid work requirements
- Denials of Medicaid coverage or necessary treatment, medications, or services under Medicaid
- Understanding your rights or options related to Medicaid coverage
- Applying for Medicaid

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