

COMMUNITY RESOURCES AND SUPPORTS

MENTAL HEALTH RESOURCES:

- **Vaya Health's 24/7 Access to Care Line.** Call **1-800-849-6127**, toll-free, day or night.
- **RHA Mobile Crisis- 888-573-1006:** Mobile Crisis Services provide intensive, on-site response, stabilization and intervention for people of all ages who are experiencing a crisis due to mental health disturbances, developmental disabilities, or addiction.
- **Family Preservation Services- 828-225-3100:** Works closely with parents and other caregivers to learn and implement effective communication strategies, daily routines, and the development of healthy, meaningful social relationships.
- **Bonnie Siegel, CLMHC from All Souls Counsel** will conduct phone sessions with Spanish speaking clients in need of support or counseling. Call 828 318 5359 and leave a voice message with name and number twice—clearly and slowly.
- **Asheville City School Social Workers are available Mon-Fri from 8:00am until 4:00pm.**
 - Asheville High/SILSA: LeVette Campbell
 - Asheville Middle: Kim Robinson
 - Montford North Star/Hall Fletcher: Kortney Conner
 - Isaac Dickson/Vance: Courtney Booth
 - Jones/Claxton: Abigail Owolabi
 - Asheville Pre/Primary: Shauntey Jives
 - McKinney Vento/Foster Care: Jess Supik

Domestic and Sexual Abuse Survivor Services

Our VOICE:

- **Crisis Hotline:** Our crisis line will operate as usual, 24/7 at **828-255-7576**.
- **FJC Walk-in Services:** Until further notice, walk-in services at the Family Justice Center at 35 Woodfin Street, Asheville, NC 28801 are still available on a limited basis. Call the crisis line at **828-255-7576** for more information.
- **Individual Counseling Services:** Counselors have the ability to provide services remotely, either online or via phone. On a case-by-case basis, counselors may be able to offer counseling services in person. Please call our office at **828-252-0562** or our crisis line at **828-255-7576** to start the counseling referral process or to connect with your counselor.
- **Support Groups:** Support groups may be offered either online or be postponed. Call 828-252-0562 for information.

- **Legal Advocacy:** Court advocacy and law enforcement advocacy services will be offered on a limited basis. Please call our office at **828-252-0562** or our crisis line at **828-255-7576** to start a request for legal advocacy services or to connect with your advocate.
- **Case Management:** Case management services will be offered remotely, either online or via phone. Please call our office at **828-252-0562** or our crisis line at **828-255-7576** to request case management services or to connect with your current case manager.
- **Medical Advocacy:** Until further notice, medical advocacy is being offered via phone for survivors presenting at Mission Hospital. For survivors presenting at the Family Justice Center, in-person medical advocacy is available.
- **Prevention Programming:** In-person prevention programs will be put on hold until further notice, however, we have the ability to host prevention workshops via Zoom, for anyone interested please fill out a request form [here](#).

Helpmate

- Helpmate is a primary provider of crisis services offered exclusively to victims of Domestic Violence in Asheville. Services include a 24-hour helpline. **828-254-2968** or **828-254-0516**.

SUBSTANCE USE RECOVERY SUPPORTS

- AA and NA is offering online meetings to help those who cannot be with their support systems.
- For AA online sessions, visit: <http://aa-intergroup.org/>.
- NA online support can be found at <https://virtual-na.org/>
- [Online Recovery Meetings and Support Resources](#) *updated frequently with local online recovery groups via [Sunrise Community for Wellness and Recovery](#).

Peer Living Room

Schedule

Until Further Notice

Opened: 9am – noon

Closed: Noon – 1pm

Reopen: 1pm – 5 pm

Limited to 10 people